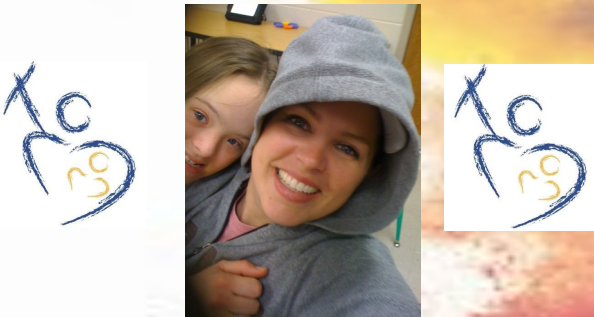


# About The Foundation

The Jennifer Green Foundation was formed after the tragic loss of Jennifer Green, to honor and remember her. Jennifer was an amazing Christian, mother, wife, daughter, sister, and friend. Anyone who ever met her loved her. She was never without a smile on her face. She also loved children and they loved her. Besides her faith and her family, she had two other passions....running and children with special needs. We want to provide assistance and opportunities to those who need it the most.



## About Live the “Green” Way 5K

Live the "Green" Way is a 5K run/walk to honor and remember Jennifer Green. This event will raise money to help support local special education programs. In ten years, we have donated over \$45,000 to Robertson County Special Education Classrooms. This year will be our 12th 5K. Please keep checking our Facebook page and website for updates. Thank you for your support and we hope to see you at our 12th Annual Live the “Green” Way LIQUID COLOR 5K!!


# 12th Annual Live The “Green” Way LIQUID COLOR 5K Run/Walk May 27, 2023 8AM



*Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win! All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. So I run with purpose in every step."*  
~1 Corinthians 9:24-26

Phone: 615-389-3499  
info@JenniferGreenFoundation.org

Web site:  
www.jennifergreenfoundation.org

 Like us on Facebook: [www.facebook.com/jennifergreenfoundation](https://www.facebook.com/jennifergreenfoundation)

# Information

The 12th Annual Live the "Green" Way LIQUID COLOR 5K takes place at the Robertson County Fairgrounds making use of the scenic Springfield Greenway as a "down and back" course following along the beautiful Sulphur Fork Creek. This is a primarily flat course with a slight incline towards the finish line. It is a fast course, so you can work on your personal record. The course will be starting from the Robertson County Fairgrounds again this year. The 5K will start at 8AM May 27, 2023. Also, near the finish line are the famous COLOR LANES, but don't worry, if you don't want to be sprayed we have SPLASH FREE AREA. This year the event will be professionally timed at both start and finish.

This great event raises money for the Jennifer Green Foundation that supports Special Education Programs in Robertson County, TN, a cause that was very near and dear to Jennifer's heart.

Please check our Facebook page and website for more information and updates.



# Registration

## Individuals

|   | Pre Reg | 4/26/23 | 5/20/23 |
|---|---------|---------|---------|
| <input type="checkbox"/> 5K Walk/Run (Adult)<br>(adult ages 13-64)  | \$30    | \$35    | \$40    |
| <input type="checkbox"/> 5K Walk/Run<br>(Child/Senior)<br>(children ages 12 and under and adults 65 and over) | \$25    | \$30    | \$35    |

## Groups – Must be registered by APRIL 26, 2023

Fill-out Registration Form for each Member

|   |       |
|---|-------|
| <input type="checkbox"/> 5K Group Walk/Run<br>(Up to 4 Members)   | \$100 |
| <input type="checkbox"/> Add-on Adult Members<br>(adult 13-64)  | \$25  |
| <input type="checkbox"/> Add-on Child/Senior Members<br>(Children ages 12 and under and adults 65 and over) | \$20  |
| **Must send all group members application in together with group name**                                     |       |

|   |         |
|---|---------|
| <input type="checkbox"/> Spirit Runner (t-shirt only) | \$15.00 |
| <input type="checkbox"/> Additional Shirts Qty ____ X | \$15.00 |
| <input type="checkbox"/> Additional Donation          | \$ ____ |
| Total \$ ____   |         |

\*Make checks payable to Jennifer Green Foundation\*

\*\*NOTE: You may register online at  
runsignup.com\*\*

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Age \_\_\_\_\_ Birthdate \_\_\_\_\_

Team/Group Name \_\_\_\_\_

\*\*Groups must send in ALL members' applications together\*\*

☐ MALE ☐ FEMALE



T-shirt size (Indicate quantity) - Guaranteed all pre-registered

\_\_\_ - Small    \_\_\_ - Medium    \_\_\_ - Large  
\_\_\_ - X-Large    \_\_\_ - XX-Large    \_\_\_ - XXX-Large

Child's T-shirt Size (Indicate quantity)

\_\_\_ - Small    \_\_\_ - Medium    \_\_\_ - Large

In case of emergency, contact:

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

**MUST sign waiver to participate:**

WAIVER: In consideration of you accepting my entry, I hereby assume all risks in connection with my participation in "Live The "Green" Way LIQUID COLOR 5K," I understand that serious illness and/or accidents occasionally occur during racing or walking events, including but not limited to heart attacks, stumbling on the race course, being pushed over by other race participants, or being struck by motorized vehicles. Having read and understood this waiver and in consideration of your accepting my entry, I for myself, my heirs, executors, administrators, conservators, guardians, and anyone entitled to act on my behalf, waiver and release forever any and all rights and claims for damages I may have, or which may hereafter accrue to me against the persons or organizations affiliated with the race, including but not limited to, the Jennifer Green Foundation, any and all sponsors to the race, the employees, agents, successors, representatives and assigns of the aforesaid organizations, any and all property owners who have permitted the race course to cross their property, any injuries and illnesses suffered by me while participating in or traveling to and from "Live The "Green" Way LIQUID RUN 5K," in Springfield, Tennessee, and all claims or liabilities of any kind resulting from my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

I assume all risks related to my participation and do hereby for myself, waiver and release the organizers of the "Live The "Green" Way LIQUID COLOR 5K," Jennifer Green Foundation, and I grant permission to all foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes. I understand that bicycles, skateboards, and animals are not allowed in any event. I will abide by these guidelines.

Signature (Parent or Guardian required if under 18)

Please mail your completed application with check or money order to:

Jennifer Green Foundation  
P.O. Box 928  
Springfield, Tennessee  
37172



**Site, Directions and Date:**

The race will be held, rain or shine on May 27, except for extreme weather and race will not be rescheduled. The event will be held at the Robertson County Fairgrounds.

**Parking, Check-In & Start Times:**

Parking for the race is available at Robertson County Fairgrounds. Volunteers will guide you where to park. Check-in will be at the Robertson County Fairgrounds. Registration/Check-in will begin at 7:00 a.m. and close at 7:45 a.m. Late registration will also be available during these hours, with t-shirts and goody bags offered while supplies last. **Start Time is at 8:00 a.m.** The timed route will be open for 1 hour, **after 1 hour a timed finish is not guaranteed.**

**Registration:**

Early registration (ends on 4/26/23) is \$30 for adults and \$25 for children/seniors. **After April 26 fees are \$35 for adults and \$30 for children/seniors. After May 20 and up to race day, fees are \$40 for adults and \$35 for children/seniors.** Group Rates: \$100 for groups of 4 runners. Each additional adult is \$25 and each additional child/senior is \$20. The last day to register a group is April 26, 2023. **PLEASE MAIL GROUP REGISTRATIONS TOGETHER TO:**  
Jennifer Green Foundation  
P.O. Box 928  
Springfield, TN 37172

You can also visit our website, [www.jennifergreenfoundation.org](http://www.jennifergreenfoundation.org) and click on 5K for electronic registration using a credit card. You can signup on runsignup.

**Course Description:**

Race will begin at Robertson County Fairgrounds and end back at the Fairgrounds. The 5K race is an out and back course and will be on the Springfield Green Way.

**Aid Stations & Refreshments:**

Water stations will be located at the half way and finish points. Water will be available for all runners/walkers showing a bib number. Finish line refreshments will be available for registered runners/walkers.

**Additional Information:**

T-Shirts are included with registration. **Guaranteed** shirts and sizing for pre-registered runners; all others while supplies and t-shirts last. After the race there will be an awards ceremony. All packets must be picked up at pre-registration or day of race, left over shirts and bags will not be mailed.

**Teams and Groups**

Teams are a great way to show your support. Many teams wear signature items centered around the team. We recommend creating a team name and have each registrant indicate the team on their registration form. Each team member must have their own application. Please mail all team members' applications together.

**Awards**

Awards will be given to top three overall male and female finishers:  
•1st- \$100.00 gift-card to Academy Sports  
•2nd- \$50.00 gift-card to Academy Sports  
•3rd- \$25.00 gift-card to Academy Sports

\*\*\*\* Medals will be given to all finishers!\*\*\*\*

| Age divisions: |       |             |
|----------------|-------|-------------|
| Under 13       | 31-40 | 61 and over |
| 13-20          | 41-50 |             |
| 21-30          | 51-60 |             |



If you're interested in supporting special education and being affiliated with a great, high-profile event, then please consider becoming an event sponsor. We've got lots of different sponsor levels and can tailor a sponsorship package that is right for you.

Interested in being a vendor or sponsor?? Please contact us at [info@JenniferGreenFoundation.org](mailto:info@JenniferGreenFoundation.org) or 615-389-3499